



Cultural Study Tour 2017

Immerse yourself in South African culture and make a difference by contributing to the wellbeing of local communities!

When: November 26th - December 8th 2017

*Does not include time traveling to and from Durban, South Africa

Where: South Africa, KwaZulu Natal Province

Mayibuye South Africa

Mayibuye Performance Troupes run in 4 townships within KwaZulu-Natal, youth come together 3 nights a week to participate in dance, drama, singing, poetry and life skills workshops. They also have numerous performance opportunities across the state, to showcase their talents but also to build community spirit and the positive reputation of youth.

Participants aged 13-25 come from remote, rural and urban townships: Hammarsdale, Umlazi, Ashtown and Cato Ridge. Programs are facilitated by trained locals within each community, who we have identified as aspiring community leaders.

Troupes specialise in various South African dance styles including Zulu, Local and Gumboots and also get the opportunity to learn global styles at our annual youth camp including Jazz, Ballet, Latin, Bollywood and Hip hop.

Participants are encouraged to act as positive role models and give back the community. Our regular outreach days have supported children's homes, HIV centres and elderly community centres. Activities include performing, cooking, cleaning, gardening and facilitating games and activities. We are proud to see our youth out in the community making a difference.

South African Culture Tour

We are offering 6 people the opportunity to visit our projects in South Africa, and share skills with our local participants. During the 2-week tour you will visit our troupes, tour their townships and live with participant's families. You will help build capacity among our local volunteers and run a 3-day youth development camp which brings all our participants together.

You will see the amazing scenery, meet incredible people, engage in cultural activities whilst also learning about local history. You will gain insight into community development and the issues which young people are facing.

Who can join the tour?

- Ideally 6-7 participants. This is based on transport options in country.
- People aged 18 and over with an interest in a variety of fields including international development, dance, community arts, youth work, social welfare and community development.
- Participants must be willing to get a police check and working with children's check prior to departure.
- You must hold a valid passport and be able of meeting all payment deadlines.

13 Day Itinerary

Day 1

Pick up from Durban Airport - travel to accommodation to shower/unpack.
In-country orientation
Welcome dinner

Day 2

Visit PheZulu Cultural Village - Climb Moses Mabhida Stadium - Meet our Umlazi Troupe

Day 4

Enjoy the street markets - visit KwaMuhle Museum - have fun at the uShaka Marine World (swimming with the sharks optional).

Day 4

Travel to Hammarsdale for a tour - Zulu Burgers & Mealies lunch - Sangoma - meet and interact with the Hammarsdale Troupe - Family homestay.

Day 5

Community outreach in Hammarsdale - Braai lunch - Shopping at Mall

Day 6

Safari Tour in the Tala Game Reserve - volunteer at the Children's centre - meet and interact with the Ashtown Troupe.

Day 7

Volunteer training day with our local team - Night social activities

Day 8

Volunteer training day with our local team

Day 9

Drive through the Lion Park - visit the Mandela Museum and the Capture site - eat your way through the Midlands Meander - Meet our Cato Ridge Troupe - Family Homestay.

Day 10

Tour Hillcrest Aids Centre - Pot and Kettle Artist Village - Camp Preparations - Youth Development Camp starts.

Day 11

Youth Development Camp day 2

Day 12

Youth Development Camp day 3 - Debrief dinner

Day 13

Pack up -- Final lunch - travel to Durban Airport.

Cost

\$2450 AUD

Included:

- Online Pre-departure Training
- Accommodation
- Homestays
- Transport
- All meals
- Tours
- Entry Fees
- Tour Guides
- Camp Sponsorship
- Tour Hoodie

(*Airfares, travel insurance, vaccines, personal shopping and souvenirs are not included).

Payment deadlines:

- 1st payment (\$1000) - 5th September 2017
- 2nd payment (\$1000) - 3rd October 2017
- Final payment (\$450) - 7th November 2017

Airfares:

As mentioned you are responsible for booking your own flights and travel insurance. We will connect you with other participants who will be travelling at the same time, if you could like to get the same flight together.

You need to arrive in the morning of Sunday 26th November. We will pick you up from DURBAN Airport.

The tour ends on Friday 8th December, and we will travel to the airport in the afternoon to meet evening flights.

You are welcome to stay in South Africa for personal travel after the tour if you desire.

If you would like to book through a travel agent, here is one we know ☺

Justin Evans
Flight Centre Prahran
Justin.evans@flightcentre.com.au
0417728261

Information & Training

Successful applicants will be provided with:

- Permission forms
- Packing List
- Fundraising Guide
- Code of conduct
- A handbook including information on health, location, security, culture, currency, language and airport procedures.
- A online pre-departure training focusing on cultural awareness, South African history, communication, dealing with culture shock and working with others.
- In-country orientation

Frequently asked questions

Detailed information will be provided to successful applicants upon acceptance.

What is the age limit for the tour?

The recommended age is 18 and over.

What accommodation will we be staying at?

We will stay at a secure Bed & Breakfast in Hillcrest. Participants will be in single beds in shared rooms. Men and women will sleep in separate areas, with private bathroom facilities.

What happens if I have dietary requirements?

Vegetarians will be accommodated for. Other dietary restrictions and allergies will be need to be discussed. Meals at our accommodation and at restaurants should offer satisfactory options, however not all families will be able to accommodate certain restrictions during the homestays.

How will we travel in country?

Depending on the number of participants, we will hire cars or minibuses to transport the group. Mayibuye staff with full licenses who are experienced with the roads and conditions will drive these vehicles.

Are the homestays safe?

The families are very excited and welcoming towards you as guests, and generally put a lot of effort into showing you great hospitality. Often many local family members and local children come to visit and to say hello to you. Sleeping and bathroom facilities will be basic, but this is part of the experience. 2 or more participants will stay together in each home, all of which are the homes of current Mayibuye participants. We will provide you with security advice prior to the trip, such as not wearing jewellery or displaying phones and technology in public. Passports and valuables will be left in secure locations at our main accommodation.

Who will be supervising the trip?

A Mayibuye Australian volunteer who is experienced working with youth, running camps and international tours will lead the tour. Mayibuye's South African volunteers will be with the group during the tour, have in-depth knowledge of the communities and are experienced running past tours as well as camps and other youth programs.

What happens if I get sick or injured on the tour?

You will be asked to complete a medical information form before departure. Mayibuye staff will carry these and provide to medical staff if required. Staff will also have a travel first aid kit, which will tackle most common bugs. There are multiple western style pharmacies and doctors in the location we are staying, which have been great in the past. There are also numerous large hospitals in the region.

Participants on the tour will be responsible for managing their own personal medication.

You will also be provided with information including health and medical tips, to hopefully prevent you from getting sick during the trip.

Will I need to get vaccinations for the trip?

We are unable to give professional advice and recommend you to contact your local travel doctor. A [fact sheet](#) is available on their website.

I still have more questions!

No worries, feel free to contact Kumari at k.middleton@mayibuyesouthafrica.org or 0409021319.